

Energy

2017

November

Riverside Elementary West Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>Prices: Paid Lunch \$2.20 Reduced \$.40 Free \$.0</p>		<p>1 Tacos Chicken Nuggets w/WG Brd Turkey & Cheese Sandwich Steamed Rice Garden Salad Fresh Fruit or Juice</p>	<p>2 Hot Dog on a Bun Chick.Nuggets w/WG Brd Brd.Buffalo Chicken Salad Sweet Peas Fresh Celery Sticks Applesauce or Juice</p>	<p>3 Chicken Patty Sand. Cheese Pizza Ham & Cheese Sandwich Baked Fries Garden Salad Peach Cup or Juice</p>	<p>More Info... <u>Available Daily</u></p> <p>Fresh Fruit Or Juice</p> <p>Fresh Vegetables</p> <p>1% Milk Skim Milk</p> <p>Chocolate Skim Milk</p> <p>All Breads, Rolls, Pasta and Pizza Dough are Whole Grain</p> <p>Students must pick at least one serving of fruit or vegetable with their meal</p>
<p>6 Mozz.Ch.Sticks w/Marinara Chicken Patty Sandwich Ham & Cheese Sandwich Cin.Sweet Potatoes Seasoned Peas Fresh Broccoli Fresh Fruit or Juice</p>	<p>7 Hot Dog on a Bun Chick.Nuggets w/WG Bread Chicken Caesar Wrap Green Beans Red Pepper Slices Diced Pears or Juice</p>	<p>8 "New" WG Pretzel Stick Stfd.w/Cheese Chicken Nuggets w/WG Brd. Turkey & Cheese Sandwich Steamed Carrots Garden Salad Peach Slices or Juice</p>	<p>9 Nacho Platter Hamburger on a Bun All Amer.Chef Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice</p>	<p>10 VETERAN'S DAY</p>	
<p>13 Meatball Sub Chicken Patty Sandwich Turkey & Ham Sandwich Seasoned Peas Baby Carrots Applesauce or Juice</p>	<p>14 Cheeseburger on a Bun Chicken Nuggets w/WG Brd. Turkey Sandwich Baked Tater Tots Sweet Golden Corn Garden Salad Blueberries w/Whip Topping or Juice</p>	<p>15 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Campfire Beans Orange Glazed Carrots Fresh Celery Sticks Diced Peaches or Juice</p>	<p>16 HOLIDAY MEAL Roast Turkey w/Dressing Candied Sweet Potatoes Green Beans/Cran.Sce. Pumkin Pie w/Whip Topp. Hot Dog on a Bun Fresh Fruit or Juice</p>	<p>17 Chicken Patty Sandwich Cheese Pizza Chicken Caesar Wrap Baked Fries Steamed Broccoli Garden Salad Fresh Fruit or Juice</p>	
<p>20 Mozzarella Cheese Sticks w/Marinara Sauce Cheeseburger on a Bun Chicken Chef Salad w/WG Crackers Sweet Golden Corn Garden Salad Peach Cup or Juice</p>	<p>21 Salisbury Steak Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Parsley Noodles Green Beans Fresh Baby Carrots Peach Slices or Juice</p>	<p>22 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>	<p>23 HAPPY THANKSGIVING</p>	<p>24 NO SCHOOL</p>	
<p>27 NO SCHOOL</p>	<p>28 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>	<p>29 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>	<p>30 Hot Dog on a Bun Chicken Patty Sandwich Popcorn Chicken Salad w/WG Crackers Vegetarian Baked Beans Fresh Baby Carrots Blueberries w/Whip Topping or Juice</p>	<p>Foodservice Worker Substitute Positions Available. Apply online at: www.aramark.com Earn extra money while children are at school.</p>	

Menus are subject to change without notice.

HEALTHY FOR LIFE

